



# Studio Bowspring

## 3月 Class Schedule

Mon	Tue	Wed	Thu	Fri	Sat	Sun
9:00-10:00 BOWSPRING(Basic) Ayumi		10:00-11:00 BOWSPRING(Basic) Ayumi		9:30-10:30 BOWSPRING(Level1) Ken		
				11:00-12:00 BOWSPRING(Basic) Ayumi		
19:00-20:00 BOWSPRING(Basic) Ayumi					18:30-19:30 BOWSPRING(Basic) Ayumi	
			19:30-20:30 BOWSPRING (Therapeutic) Ken			

お休み：20日(木祝)